Saturday, July 7, 2018 | Norwich Evening News

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Teenager sentenced for selling drugs

A teenager forced to sell drugs from a Great Yarmouth flat to pay off a drugs debt has been given 15 months custody.

Bruno Fernandes, 19, was found with 34 wraps of heroin and 15 wraps of cocaine when police raided the address in South Quay, on May 10, this year, Norwich Crown Court heard.

Martin Ivory, prosecuting, said Fernandes tried to hide the drugs but they were found when he was searched and he admitted he was directed to sell the drugs to pay off a drugs debt.

Fernandes, who appeared via a link from Peterborough jail, admitted possession of cocaine and heroin with intent to supply.

Matthew McNiff, for Fernandes, said that he had paid a heavy price for getting involved in drugs: "He has learnt an important life lesson. He knows he has damaged his future"

He said Fernandes, who is from Portugal, had put his time to good use while in custody.

Prisoner caught with phone and drugs in cell

A prisoner was discovered with the drug Spice and a mobile phone in his Wayland jail cell, a court heard.

Karim Mouzoun, 27, was found with the banned items following a search by prison officers, Norwich Crown Court heard.

Martin Ivory, prosecuting, said they could be used as a form of currency in a custodial setting.

Mouzoun, who appeared via video from Norwich prison, admitted possessing Spice with intent to supply and having a prohibited mobile phone.

Judge Stephen Holt imposed an eight month sentence which Mouzoun will serve after his present sentence ends.

The judge said having these items in prison was "serious" but was keeping his sentence to a minimum after hearing that Mouzoun was now a "model" prisoner and improving his skills

Shannon Revel, for Mouzoun, said: "He has been taking his education more seriously."

The launch of the 2018 Hostry Festival brochure at Norwich Cathedral

Picture: SIMON FINLAY PHOTOGRAPHY

Hostry Festival launches its 2018 programme

EMMA KNIGHTS

emma.knights@archant.co.uk

Autumn arts extravaganza the Hostry Festival is set to return for an eighth year with a packed programme of theatre, music and more.

And this October festival regular Total Ensemble Theatre Company will be taking centre stage with its brand new show Boy in the Lighthouse.

The performance - described as a dark story bathed in light - is the 2018 central production for the annual celebration of the arts which will once again take place at Norwich Cathedral's Hostry.

Performed in Total Ensemble's unique style, it will see the members of the inclusive theatre company tell the tale of a young man living in an isolated and forgotten lighthouse who embarks upon an adventure into fantastic worlds.

"It's a wonderful example of inclusivity and community, working together to perform something truly wonderful and uplifting and exciting to watch, and I am really proud that we have commissioned Total Ensemble to do that," said the festival's artistic director, Stash Kirkbride, who said the show also summed up the spirit of the entire festival programme.



Richard Bond taking part in 2017 Paint Out Norwich by Bishop Bridge

Picture: DENISE BRADLEY

"It's a festival full of diversity, inclusivity and originality, and we cannot wait to share it with everybody."

Open air art competition Paint Out Norwich will be returning for a fifth year meanwhile the Norfolk Arts Awards will once again celebrate our county's cultural champions.

Actress and writer Sally Phillips - known for roles in Smack the Pony, the Bridget Jones films and Miranda - will be reflecting on her career and also her BBC documentary A World Without Down's Syndrome?

The Bishop of Norwich, the Rt Rev Graham James, will take part in an in conversation event and there will also be a debate celebrating inspiring women and the arts as well as events with journalists and authors Matt Frei and Gavin Hewitt.

Music highlights include: The Ella McCready Jazz Trio; James Boyd and Harriet Mackenzie celebrating 400 years of guitar and violin music; and Cocteau and Poulenc double bill The Human Voice.

The festival will run from October 13 to 28. More information about the festival will be available from Monday at www. hostryfestival.org

Tickets can also be bought from Monday at www.hostryfestival. org, by calling 01603 598676 or in person at Norwich Theatre Royal.

Teachers complete training



Norfolk Teacher Training Centre's class of 2018 newly qualified teachers collecting their results

Picture: CITY COLLEGE NORWICH

Thirty-seven new teachers will be going into Norfolk classrooms after completing their training.

Norfolk Teacher Training centre (NTTC) has seen its latest cohort of trainee teachers earn their Qualified Teacher Status after completing a one-year course.

From 20 trainees in 2014/15, its first year, NTTC, which is part of City College Norwich, has more than doubled its intake and now has 52 trainees starting in September.

Since the start of the school year the group have been spending four days a week in Norfolk high schools, supported by mentors, and a day a week with the NTTC.

Caitlin Fradley, who completed placements at Alderman Peel High and Dereham Neatherd High, where she will be teaching from September, said: "It's been hard, but it has been the best year ever. It's been really brilliant. Getting involved in schools the way we do means that we are really part of the school experience."